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Covid-19 has impacted our lives in many different ways. We may not realize it, but we have learned, experienced, and understood new things. We may not have the same opinions about Covid-19, but one thing we all know is that Covid-19 has changed our lives in not one, but many ways. Deep down, we know these changes are there, but we never take the time to acknowledge the presence of these changes, and think of next steps to

take. I know that I have faced, discovered and learned a lot during this period of history, and I understand that these changes have molded my life in positive and negative ways.

I have seen a lot of changes in my community this past few months. It is really fascinating to see how one tiny virus has done something huge to the entire world! My community is like a dead city. I feel that my community is like the dead, dark, and empty night, except the fact that it isn't night at all, as there is broad daylight shining through the windows. I have also seen so much appreciation that really warmed my heart, as people were hanging signs that had words of gratitude and love towards the frontline workers on them. During this quarantine period, we all know that utilizing a particular source of communication is essential. You got it, Skype, Zoom, Instagram, texting, you name it! To be honest I have truly utilized these sources on a daily basis for my classes and to communicate with my friends and family, Since I cannot talk to them face-to-face, in regards to social distancing, I like to use texting apps and software programs to communicate with them. For example, a few weeks ago, I was texting my friend Rakshayini on my phone because it was her birthday, and I wanted to give her some love. The most important change that I have experienced is online utilities, work, and education. This is a new turning point in not only my life but our life, as if we need groceries, we go to [walmart.ca](https://www.walmart.ca) and order a great deal of groceries with just a few clicks! Also, online school is particularly useful for me, because I can learn at my own pace, and I have no distractions around me to divert my mind from the activities that I am completing. Even though this online concept may be beneficial in some ways, it is harmful in others. Online school destroys interactions for students and teachers. Online shopping has a risk of the misuse of a credit/debit card number. I truly believe that this online concept has the potential to be a new opportunity in this world, even though it does have a negative impact as well as a positive impact.

Along with these changes, I have learned plenty of things from these transitions and twists. I have learned a new way to get up early in the morning so that my morning routine goes well. I must get up at 7:00 a.m. on a day that I have to pull myself to school, but on other days, I can get up at 7:30 a.m. I have also had more family time during this pandemic. This is really important, because we are so busy with our technology, and don't have time to spend a few minutes with our loved ones. Usually when my family is at work, I don't get to see them much, because they are at work and are also busy as a beaver like me. Covid-19 has taught us that family is important and mandatory. There are two things that I have learned during this pandemic that I feel are really important and have changed the way I view most topics in some way: The value of a day, and the fact that nature is precious. From the dolphins swimming playfully on the shores of Venice to the orcas which are swimming more further up in Canada, we all know that nature has changed significantly during this pandemic. It is really pleasing to see how nature has changed and learn that we need to preserve nature. Finally, I have understood the importance and value of a day. Today is never going to come again ever in your life. June 24th 2020 is never going to come again. Therefore, we should enjoy every millisecond of our lives and be joyful with what we have, not what we want.

Now, you might be thinking, "How do you spend your time in this displeasing quarantine?" When I am in quarantine, I like to keep a good balance of education and having some quality time. This ensures that I get the breaks I need, and that I am a balance of content and focus. I spend my free time in quarantine by listening to music and reading a lot of books. Reading books enhances my writing and reading skills . Aside from educational improvement by reading, this activity is a great way to calm down, and to take a well-deserved break. I also spend my time by doing yoga, as I need a relaxational activity to calm myself down. Yoga is also a great time to be mindful and to reflect about my day, as yoga is the best way to be mindful.

As expressed, Covid-19 has impacted my life in various different ways, and has made me realise, learn and have fun. What is your story that links you to Covid-19? How does your experience link to mine? I hope everyone stays safe and healthy during this calamity, and I also truly hope that everyone is learning something new from this experience.