

# RESOURCES FOR PARENTS OF YOUNG CHILDREN WHO ARE VISUALLY IMPAIRED

## RECURSOS PARA LOS PADRES DE NIÑOS PEQUEÑOS QUE TIENEN CEGUERA O IMPEDIMENTOS VISUALES

**HIGHLIGHTED YELLOW** = HAS OR MIGHT HAVE SOME INFORMATION IN SPANISH ON WEBSITE OR MATERIALS MIGHT BE AVAILABLE BY REQUEST

**AMARILLO RESALTADO:** TIENE O PODRÍA TENER ALGUNA INFORMACIÓN EN ESPAÑOL EN EL SITIO WEB O LOS MATERIALES PODRÍAN ESTAR DISPONIBLES BAJO PETICIÓN.

Active Learning Environments and Sensory Activities to make and do at home–

<https://www.pinterest.com/pathstoliteracy/active-learning/>

[www.funathomewithkids.com](http://www.funathomewithkids.com)

<http://www.wonderbaby.org/articles/make-your-own-sensory-play-area>

<http://activelearningspace.org/>

[https://www.youtube.com/watch?v=X7\\_S4dfN\\_-U](https://www.youtube.com/watch?v=X7_S4dfN_-U)

<https://ohiodeafblind.org/tools-and-resources/publications> - Hold Everything - independent play spaces for children with blindness and multiple disabilities.

**Braille and Literacy:**

[www.littleladybughugs.com/2011/09/21/the-little-room/](http://www.littleladybughugs.com/2011/09/21/the-little-room/)

<http://www.pdrib.com/pages/brailactivities.php>

<http://www.pathstoliteracy.org/strategies>

<http://www.teachingvisuallyimpaired.com/>

**FAMILY SUPPORT GROUPS:**

SEE/HEAR Newsletter <http://www.tsbvi.edu/Outreach/seehear/index.htm>

Family Connect from the American Foundation for the Blind

<http://www.familyconnect.org/parentsitehome.asp>

National Organization of Parents of Blind Children (National Federation of the Blind)

<http://www.nfb.org/nfb/Resources1.asp?SnID=2>

and here is a page that lists multiple listservs related to blindness

<http://www.deafblind.com/groups.html#Blind%20Listservs>

**National Association for Parents of the Visually Impaired (NAPVI)**

P.O. Box 317, Watertown, MA 02272

1-800-562-6265

<http://www.spedex.com/napvi/>

VA Chapter (VAAPVI) – Dawn Snow – [www.vaapvi.org](http://www.vaapvi.org)

**VAAPVi's Mission** is to empower families, professionals and the community to meet the needs of families and their children of all ages and ranges of visual loss, including those with multiple disabilities. The purpose of this organization is to promote and provide information and education regarding raising and educating a child with vision loss, provide emotional support, increase public awareness and foster communication and coordination of services among state and local agencies and organizations involved with providing services to children with visual impairments. VAAPVi is a state affiliate of NAPVI, the National Association for Parents of Children with Visual Impairments.

Awareness Newsletter

In celebration of grandparenting

Legislative handbook for parents

Mainstreaming the visually impaired child

Equals in partnership: Basic rights for families of children with blindness or visual impairment

\*NAPVI is a non-profit organization of, by, and for parents committed to providing support to the parents of children who have visual impairments. Publications prices are discounted for members.

**Free Print/Braille Books:**

<http://www.nbp.org/ic/nbp/programs/readbooks/request.html>

<https://actionfund.org/free-braille-books>

<http://www.seedlings.org/bkangel2009.php>

**American Foundation for the Blind,  
15 West 16th Street, New York, NY 10011  
(201) 862-8838**

[www.afb.org](http://www.afb.org)

An orientation and mobility primer for families and young children (Dodson-Burk & Hill, 1989)

Building blocks: Foundations for learning for young blind and visually impaired children (Dominguez & Dominguez, 1991)

Children with visual impairments: A parent's guide (Holbrook, (Ed.) 1996) (published by Woodbine House and distributed by AFP Press)

Early Focus: Working with visually impaired children and their families (Pogrud, Fazzi, & Lambert, 1991)

Early Years: A Series (1996)

Finding a new path: Guidance for parents of young children who are visually impaired or blind (Gold)

Guide to toys for children who are blind or visually impaired (a joint initiative of Toy Manufacturers of American and the American Foundation for the Blind)

Parenting Preschoolers: Suggestions for raising young blind and visually impaired children. (Ferrell)

Preschool vision stimulation: It's more than a flashlight! (Harrell & Akesson, 1987)

Reach out and teach. (Ferrell, 1985)

Show me how: A manual for parents of preschool visually impaired and blind children. (Brennan, 1982)

Touch the baby. (Harrel)

**American Printing House for the Blind  
P.O. Box 6085, Louisville, KY 40206-0085  
(502) 895-2405**

[http://sun1.aph.org/products/prod\\_ec.html](http://sun1.aph.org/products/prod_ec.html)

Developmental guidelines for infants with visual impairment: A manual for early intervention (Cat # 8-50700-00)

Learning Together (Cat.# 7-68660-00)

On the way to literacy: Early experiences for visually impaired children (print handbook)

Parents and Visually Impaired Infants (Cat.# 7-96150-00)

Reach for the Stars, Planning for the future (Cat # 7-08410-00)

**Blind Babies Foundation  
5016 Mission St., San Francisco, CA 94112  
(415) 586-6140**

<https://www.wayfinderfamily.org/program/blind-babies-foundation>

**Blind Childrens Center**

**4120 Marathon Street, P.O. Box 29159, Los Angeles, CA 90029**

**1-800-222-3566**

**FAX 213/665-3828**

[www.blindcntr.org/pubs.htm](http://www.blindcntr.org/pubs.htm)

Dancing Cheek to Cheek: Beginning social, play and language interactions

Fathers: A common ground

First Steps: A handbook for teaching young children who are visually impaired

Heart to heart: Parents of blind and partially sighted children talk about their feelings

Learning to play

Let's eat! Feeding a child with a visual impairment

Move with me: A parent's guide to movement development for visually impaired babies

Reaching, Crawling, Walking... Orientation & mobility for preschool children who are visually impaired

Selecting a program: A guide for parents of infants and preschoolers with visual impairments

Starting Points: Instructional practices for young children whose multiple disabilities include visual impairment

Standing on my own two feet

Talk to me: A language guide for parents of blind children

Talk to me II: Common concerns

**Blind Children's Fund**

**311 W. Broadway Suite 1, Mt. Pleasant, MI 48858**

[www.blindchildrensfund.org](http://www.blindchildrensfund.org)

This is an organization that was founded 30 years ago by Sherry Raynor, a parent of a child who was born blind. There are resources for parents available on-line that are updated periodically. Currently articles include, Guidelines to parents on introducing glasses to young children

Braille—what is it?

Parent suggestions for IEP meetings

**Hadley School for the Blind**

**700 Elm Street, Winnetka, Illinois 60093 - 2554**

**Toll Free: (800) 323 - 4238**

[http://www.hadley-school.org/Web\\_Site/Hadley-School.asp](http://www.hadley-school.org/Web_Site/Hadley-School.asp)

Parents can enroll in courses at no cost that will help them in raising a young child who is visually impaired.

Early childhood courses include "Reach out and teach", "Learning through play", "Child development: Early childhood" and "Early independence". This is also a good program for families to learn Braille.

[www.wonderbaby.org](http://www.wonderbaby.org) - WonderBaby.org, a project funded by [Perkins School for the Blind](http://www.perkins.org), is dedicated to helping parents of young children with visual impairments as well as children with multiple disabilities. Here you'll find a database of articles written by parents who want to share with others what they've learned about playing with and teaching a blind child, as well as links to meaningful resources and ways to connect with other families.

Information Clearinghouse on Blindness and VI – online resources – [www.perkins.org/resources/scout](http://www.perkins.org/resources/scout)

**Sensory Sun - 2015 ALL PLAY - Accessible Toy Guide**

The 2015 ALL PLAY Accessible Toy Guide was compiled as a resource for parents, friends & families, as well as educators & therapists, of young children with visual impairments. The Guide offers a variety of ideas for toys and

educational products that can be purchased online and in stores across the country. <http://issuu.com/sensorysun/docs/allplay2015final>

**Lighthouse International**

111 East 59th Street, New York, NY 10022

(212) 821-9200

<http://publications.lighthouse.org/Publications/Catalog/Publications.cfm?Type=Category&ID=4>

Getting in touch with play: Creating play environments for children with visual impairments (Blakely, Lang, & Hart, 1991)

Pathways to Independence: Orientation and mobility skills for your infant and toddler (O'Mara & Stuart, 1989)

EnVision Newsletter

Technology for tots: Using computers with preschool children who have visual impairments (1992)

**Texas School for the Blind and Visually Impaired**

1100 W 45th Street, Austin, TX 78756

(512) 454-8631

[www.tsbvi.edu](http://www.tsbvi.edu)

This site provides many practical resources for families and professions and it provides links to other sites related to visual impairment.

**Baby Talk** is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to [subscribe-babytalk@listserv.unc.edu](mailto:subscribe-babytalk@listserv.unc.edu)

**OREGON PROJECT** – A skills inventory checklist for children with visual impairments, ages 0-6

[www.therashare.net/files/oregon-checklist.pdf](http://www.therashare.net/files/oregon-checklist.pdf)

BLINDFAM is a forum for discussions of all aspects of family life as they are affected by the blindness of one or more family members, and welcomes discussion of any topic directly related to how blindness has, is, or will be affecting your family life. All family members are invited to join including spouses, parents, and children of a blind individual as well as any blind person.

To subscribe to the BLINDFAM mailing list, send an emessage to:

[LISTSERV@MAELSTROM.STJOHNS.EDU](mailto:LISTSERV@MAELSTROM.STJOHNS.EDU)

with the following text in the body of the message:

subscribe blindfam firstname lastname

**Developmental charts and activities (available in Spanish):**

[www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/age-based-handouts.html](http://www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/age-based-handouts.html)

**Language Development:**

<http://mtbt.fpg.unc.edu/> - More Than Just Baby Talk

**Routines – Building Relationships with Infants:**

[http://challengingbehavior.fmhi.usf.edu/do/resources/documents/tool\\_fam\\_routine\\_guide\\_infants.pdf](http://challengingbehavior.fmhi.usf.edu/do/resources/documents/tool_fam_routine_guide_infants.pdf)

## **New Path**

The Support Network for Families in Early Intervention

<http://new-path.thearcova.org/>

**New Path** and The Arc are here to help you navigate the system ... from the very start of the journey and, if necessary, throughout a lifetime. We will help you understand all of the jargon. We will introduce you to fellow parents. We will make sure you know what your rights are. We will share success stories as well as tips for dealing with challenges.

## **VA Medicaid Waiver Support:**

Moms in Motion [www.momsinmotion.net](http://www.momsinmotion.net)

Case Management for Individuals on the DD/IFDDS Waiver

Consumer Directed Medicaid Waiver Service Facilitation for EDCD, ID & DD Waivers

<https://www.teachingvisuallyimpaired.com/>

The mission of Teaching Students with Visual Impairments is to provide all persons involved in the student's education with the necessary resources they need to help each student become successful members of their communities