

Adults

Writers' Circle

Join our writers' circle for support and inspiration. Hosted by author, Suzanne Atkinson.

Wednesday, September 11
6:30 PM - 8:00 PM

Discussion Series: Seniors Living Well & Feeling Fabulous

Join us monthly for a discussion series dedicated to the health and well-being of seniors in our community. Each unique session will highlight an important topic and will provide lots of great information. Refreshments will be served. In partnership with The Berkeley.

Friday, September 20
1:30 PM - 3:00 PM

Take the Fight Out of Packing School Lunches

Join Jennalle Butcher, Registered Dietitian with Appetite Nutrition to learn about snacks and lunches for your school-aged child. Jennalle works with the Satter feeding dynamics model to address feeding problems and can help your child grow a healthy relationship with food.

Saturday, September 21
2:30 PM - 3:30 PM

Book Club: *The Handmaid's Tale* by Margaret Atwood

Discover new authors, meet new people and share insights on *The Handmaid's Tale* by Margaret Atwood.

Tuesday, September 24
2:30 PM - 3:30 PM

Technology Drop-in

Do you need some help with your email? Are you confused by social media? Would you like to play with fun technology? Drop in and we'll help you out.

Wednesday, September 25
10:00 AM - 12:00 PM

Grown-Up Story Time

It's nice to be read to at any age. Bring your lunch, or your knitting, and let us read to you. Sweets and coffee will be served.

Wednesday, September 25
12:15 PM - 12:45 PM

What's New with Canada's Food Guide?

The new Canada's Food Guide is finally here! Are you curious about what has changed and why? Come see what a healthy plate looks like and how healthy eating is more than just the foods you eat. In partnership with the Bedford-Sackville Community Health Team

Wednesday, September 25
2:30 PM - 4:30 PM

Registration is required. To register, call 902-460-4560 (option 1).

Learn to Make Chinese Dumplings

Learn how to make a delicious Chinese dish in this workshop presented by the Confucius Institute.

Saturday, September 28
2:30 PM - 3:30 PM

Registration is required. To register, call us at (902) 490-5740.

Kids & Preschoolers

Puppet Show: The Case of the Disappearing Books

Can Detective Pig solve the case of the disappearing books before there are no books left in the library?

Thursday, September 5
10:30 AM - 11:00 AM

Storytime

Crawl through the magic tunnel and enter a world of stories, rhymes, instruments, and puppets.

Thursday, September 12
10:30 AM - 11:00 AM

LEGO at the Library

Let your imagination run wild with the Library's LEGO collection. Create some fun for the whole family.

Saturday, September 14
10:00 AM - 4:00 PM

Symphony Nova Scotia: Classical Munchkins & the Science of Sound

Symphony Nova Scotia will present a special Science Literacy Week themed Classical Munchkins program. Musicians from Symphony Nova Scotia will show off their instruments and explain the "science of sound" while playing familiar, delightful tunes. Ages 3-5 In partnership with Symphony Nova Scotia.

Wednesday, September 18
10:30 AM - 11:00 AM

Registration is required. To register, call us at (902) 490-5740

Puppet Show: Rhinos for Lunch & Elephants for Supper

There's a monster in Hare's den! All of his forest friends try to help rid Hare of the troublesome monster. Who will be able to do it? And is there really a monster in Hare's den?

Thursday, September 19

10:30 AM - 11:00 AM

Code Mobile: Interactive Booth

Code Mobile is a government funded program teaching hands-on, interactive technology education to youth across Canada. Visit our interactive booth during Science Literacy Week. Ages 5+ In partnership with Canada Learning Code

Friday, September 20

10:30 AM - 11:30 AM

Registration is required. To register, call us at (902)490-5840

Storytime

Crawl through the magic tunnel and enter a world of stories, rhymes, instruments, and puppets.

Thursday, September 26

10:30 AM - 11:00 AM

PD Day Free Play

Drop by the library for board games, LEGO, and other activities.

Friday, September 27

9:00 AM - 8:00 PM

Teens

Code Mobile: Interactive Booth

Code Mobile is a government funded program teaching hands-on, interactive technology education to youth across Canada. Visit our interactive booth during Science Literacy Week. Ages 5+ In partnership with Canada Learning Code

Friday, September 20

10:30 AM - 11:30 AM

Registration is required. To register, call us at (902)490-5840