

January  
2019

# Woodlawn

## PROGRAM LISTINGS

### Adults

#### Introduction to Tai Chi Qi Gong with Jack Godfrey

Join us for a beginners session of Tai Chi Qi Gong, an ancient Chinese health care system that integrates gentle physical movements, breathing techniques, and focused intention to recharge the body, mind, and spirit. All levels of experience are welcome. Chairs will be available for those who need to sit.

**Wednesday, January 2**  
**11:00 AM - 12:00 PM**

Registration is required. To register, call us at (902) 490-2636.

#### Movie Matinee: *Mary Shelley*

Learn more about the life of Mary Wollstonecraft Godwin, who, at age 18, met 21-year-old poet Percy Shelley, whom she married. Later, as Mary Shelley, she wrote *Frankenstein*. Starring Elle Fanning, Maisie Williams, and Bel Powley. *Frankenstein* Tickets will be given out 60 minutes before the start time.

**Wednesday, January 2**  
**1:30 PM - 3:15 PM**

#### Movie Matinee: *Boundaries*

Rated 14A | 2018 | 1h 44min  
In *Boundaries* (Dvd) Laura and her son Henry are forced to drive her estranged, pot-dealing, carefree father Jack across country after he's kicked out of a nursing home. Starring Vera Farmiga and Christopher Plummer. Tickets will be given out 60 minutes before the start time.

**Wednesday, January 9**  
**1:30 PM - 3:30 PM**

#### Saving for Post-Secondary Education with Ian Lewer

Learn strategies on how to use government grants to help fund your child's university or college education. Find out about what grants are available to help families save and how your child may qualify to receive funding.

**Thursday, January 10**  
**10:00 AM - 11:00 AM**

#### Movie Matinee: *Crazy Rich Asians*

Rated PG | 2018 | 2h

*Crazy Rich Asians* is a contemporary romantic comedy, based on the global bestseller of the same name. It follows native New Yorker Rachel Chu to Singapore to meet her boyfriend's family. Starring Constance Wu and Henry Golding. Tickets will be given out 60 minutes before the start time.

**Wednesday, January 16**  
**1:30 PM - 3:30 PM**

#### Excel for Small Business with Theresa Tipert

Excel is the most used business software in the world today. Learn some basics to help you create and manage your budget and learn tips and tricks to help make easier to manage your business without using expensive software.

**Wednesday, January 16**  
**6:30 PM - 8:00 PM**

#### Small Business Café

Meet, learn, and share your experiences and challenges with other small business owners. Bring your business cards and get ready to connect.

**Tuesday, January 22**  
**7:00 PM - 8:00 PM**

#### Movie Matinee: *Papillion*

Rated 14A | 2017 | 2h 15min

Wrongfully convicted for murder, Henri Charriere forms an unlikely relationship with his inmate (a quirky convicted counterfeiter) in an attempt to escape from the notorious penal colony on Devil's Island. Starring Charlie Hunnam and Damijan Oklopdzic. Tickets will be given out 60 minutes before the start time.

**Wednesday, January 23**  
**1:30 PM - 3:45 PM**

#### Movie Matinee: *Christopher Robin*

Rated PG | 2018 | 2h 15min

*Christopher Robin* (Dvd) is a beautiful new addition to the Winnie-the-Pooh story. A working-class family man, Christopher Robin, encounters his childhood friend Winnie-the-Pooh, who helps him to rediscover the joys of life. Tickets will be given out 60 minutes before the start time.

**Wednesday, January 30**  
**1:30 PM - 3:15 PM**

#### Young Moms

Are you a young mom who would like to spend some time learning and socializing with other young moms and their children in your community? Join us for snacks, socializing, learning, sharing, and playing. Ages 23 and under With support from Community Health Boards and the NS Health Authority Wellness Fund

**Mondays**  
**8:00 AM - 9:00 AM**

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## PROGRAM LISTINGS

### Kids & Preschoolers

#### **Family Drop-in**

Enjoy a variety of activities together, including stories and songs. Ages 0-5. Tickets will be given out 30 minutes before the start time.

**Friday, January 11**  
**10:30 AM - 11:15 AM**

Group registration is required. To register, call us at (902) 490-2636.

#### **Family Drop-in**

Enjoy a variety of activities together, including stories and songs. Ages 0-5. Tickets will be given out 30 minutes before the start time.

**Friday, January 18**  
**10:30 AM - 11:15 AM**

Group registration is required. To register, call us at (902) 490-2636.

#### **Puppet Show: Children Make Terrible Pets**

Watch as this story comes to life on our puppet stage. Ages 0-5. Tickets will be given out 30 minutes before start time.

**Friday, January 25**  
**10:00 AM - 10:30 AM**

Group registration is required. To register, call us at (902) 490-2636.

#### **Puppet Show: Children Make Terrible Pets**

Watch as this story comes to life on our puppet stage. Ages 0-5. Tickets will be given out 30 minutes before start time.

**Friday, January 25**  
**10:45 AM - 11:15 AM**

Group registration is required. To register, call us at (902) 490-2636.

### **Homework Help**

Struggling with your homework? Need some extra help before that test or exam? Come see one of our volunteer tutors or study with your peers during Homework Help every Wednesday after school. All school age students are welcome.

**Wednesdays**  
**3:30 PM - 5:00 PM**

#### **Baby's First Books Drop-in**

Treat your little one to the experience of books, rhythm of music, and fun of group play. A caregiver must be present. Ages 0-18 months Tickets will be given out 30 minutes before the start time.

**Thursdays**  
**10:30 AM - 11:15 AM**

No program January 3.  
Group registration is required. To register, call us at (902) 490-2636.

#### **Fun Zone**

Drop in and join us for all things fun! We'll have craft supplies, games, PS4, Minecraft, and more. There's something for everyone. Snacks will be provided. Ages 7-11.

**Fridays**  
**3:30 PM - 4:30 PM**  
No program January 4.

#### **Read-A-Jig-Jig**

Read-a-Jig-Jig and away we'll go with music, stories, crafts and more. Ages 0-5 Tickets will be given out 30 minutes before the start time.

**Saturdays**  
**10:30 AM - 11:15 AM**  
No program January 5.  
Group registration is required. To register, call us at (902) 490-2636.

### Teens

#### **Young Moms**

Are you a young mom who would like to spend some time learning and socializing with other young moms and their children in your community? Join us for snacks, socializing, learning, sharing, and playing. Ages 23 and under With support from Community Health Boards and the NS Health Authority Wellness Fund.

**Mondays**  
**8:00 AM - 9:00 AM**

#### **WTN: Woodlawn Teen Night**

Thursday nights are kind of a big deal around here. That's 'cause it's Teen Night! We've got snacks, games, art, performance, movies, and more. Come check us out. Grades 7-12.

**Thursdays**  
**6:00 PM - 8:00 PM**  
No program January 3.