

January
2019

Keshen Goodman

PROGRAM LISTINGS

Adults

Knitters' Circle

Fellow knitters from all different parts of the world are invited to share stories, knitting techniques, or work on your own project. All skill levels including beginners are welcome.

Fridays, January 4
10:00 AM - 12:00 PM

Meeting Room C

Movie: Crazy Rich Asians

Rated PG | 2018 | 2h

Crazy Rich Asians is a contemporary romantic comedy, based on the global bestseller of the same name. It follows native New Yorker Rachel Chu to Singapore to meet her boyfriend's family. Starring Constance Wu and Henry Golding.

Friday, January 4
2:00 PM - 4:00 PM

Thomas Raddall Room

Opera Chat: Adriana Lecouvreur by Cilea

Experience and appreciate opera on a whole new level. Dr. Walter H. Kemp, Artistic Director of Opera Nova Scotia, will present this series of introductory talks to the Metropolitan Opera HD broadcast series at Cineplex Theatres for 2018-2019. The theme for Opera Chat this year is Things Are Seldom What They Seem: Opera's Ladies, Loves, and Loyalties. In partnership with Opera Nova Scotia.

Tuesday, January 8
1:30 PM - 3:00 PM

Meeting Room C

Spanish Language Group (Intermediate)

If you are comfortable engaging in basic conversation in Spanish and have a general understanding of what you are reading in Spanish and want to upgrade and practice your skills, this program is for you. Our friendly group is facilitated by native Spanish speaker, Menashe Cieplinski.

Tuesday, January 8
7:00 PM - 8:00 PM

Book Club: *Where I Belong* by Alan Doyle

Discover new authors, meet new people and share insights. This month we are talking about *Where I Belong* by Alan Doyle. From the lead singer of the band Great Big Sea comes a memoir about growing up in the tiny fishing village of Petty Harbour, Newfoundland, and then taking to the world stage.

Wednesday, January 9
1:00 PM - 2:30 PM

Thomas Raddall Room

First Things First: Time Management

Do you find yourself overloaded by the things you need to fit into your day? Are you interested in learning tips and tools to achieve a better balance and focus in your life? Join us for this session to learn more about time management skills.

Thursday, January 10
1:30 PM - 3:30 PM

Registration is required. To register, call us at (902) 460-4560.

Hello, iPad

Learn the basics of using an iPad, as well as some essential functions and features. You can bring your own iPad or use one of ours. No experience is necessary.

Friday, January 11
2:30 PM - 3:30 PM

Registration is required. To register, call us at (902) 490-6410.

Learn Something New: Winter Driving 101

Before you get behind the wheel in wintry conditions, join us to learn the top 10 winter driving safety tips Maritime drivers need to know. Learn Something New is a monthly series where you can learn a new skill, be introduced to a new craft, or try your hand at something new.

Tuesday, January 15
7:00 PM - 8:30 PM

Thomas Raddall Room

Getting Started with Healthy Eating

Join Registered Dietician, Lizzie Stewart for an interactive nutrition seminar that offers simple but meaningful steps we can take to improve our health.

Wednesday, January 16
1:30 PM - 2:30 PM

Thomas Raddall Room

Spanish Language Group (Intermediate)

If you are comfortable engaging in basic conversation in Spanish and have a general understanding of what you are reading in Spanish and want to upgrade and practice your skills, this program is for you. Our friendly group is facilitated by native Spanish speaker, Menashe Cieplinski.

Tuesday, January 22
7:00 PM - 8:00 PM

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PROGRAM LISTINGS

Observing the Night Sky with Telescopes: with John Read

John has written several astronomy books and has an unquenchable desire to share his knowledge. Learn the basics of using a telescope and what to look for in the winter skies.

Wednesday, January 23

7:00 PM - 8:30 PM

Thomas Raddall Room

Introduction to Facebook

Interested in learning about friending, liking, and posting? Join us for an introduction to Facebook and learn how to protect your privacy on social media.

Friday, January 25

2:30 PM - 3:30 PM

Registration is required. To register, call us at (902) 490-6410.

Opera Chat: Carmen by Bizet

Experience and appreciate opera on a whole new level. Dr. Walter H. Kemp, Artistic Director of Opera Nova Scotia, will present this series of introductory talks to the Metropolitan Opera HD broadcast series at Cineplex Theatres for 2018-2019. The theme for Opera Chat this year is Things Are Seldom What They Seem: Opera's Ladies, Loves, and Loyalties. In partnership with Opera Nova Scotia

Tuesday, January 29

1:30 PM - 3:00 PM

Meeting Room C

The Ever-changing Solar System

What we understand about our own Solar System keeps changing all the time. We are finding new objects and learning more about the planets we thought we understood. Join Paul Heath from the Royal Astronomical Society of Canada to explore what we have found around our average star and what we think we know.

Wednesday, January 30

7:00 PM - 8:30 PM

Thomas Raddall Room

Discover your Best Weight

This 4 week series will help you better understand your body and weight. Learn some practical tips around food and activity to help you lose or maintain a healthy weight. In partnership with the Chebucto Community Health Team

Thursday

1:30 PM - 3:30 PM

Registration is required. To Register, please call (902) 460-4560.

Bridge

Meet and play with other bridge lovers. Some experience is necessary.

Mondays

12:30 PM - 3:00 PM

Meeting Room C

Crafting with Fibers

Whether you're new to the fiber arts, or are a seasoned pro, join us for our weekly gathering to crochet, cross stitch, or embroider - your choice! Bring along your own project to work on or use our supplies to get started.

Fridays

10:00 AM - 1:00 PM

MSVU Presents: Perspectives on China

This series will explore various enticing aspects of contemporary China such as its landscape, geography, cuisine, social life, customs, cities, literature, and arts. This course will also touch on prominent cultural gaps and institutional differences between China and Canada. Become a student for free; seek and share knowledge with other curious minds; pursue lifelong learning at the Library. In partnership with MSVU.

Session Details:

January 11: Dim Sum: The Significance and Art of Chinese Brunch - Ms. Ashley-Jane Chow

January 18: Exploring the two-faced city of China: Macau as a hidden gem - Dr. Bona Kim

January 25: The rise of the Chinese dragon: Thoughts on doing business with the People's Republic of China - Professor Michael Whalen

February 1: The changing role of women in Chinese society - Dr. Gabrielle Durepos

February 8: Chinese professionals in Canada vs. Canadian professionals in China: Comparing the cultural challenges in the workplaces - Dr. Tianyuan Yu

February 15: Classical Chinese poetry: feel the beauty of Chinese language - Dr. Tianyuan Yu

Fridays

2:00 PM - 3:00 PM

Thomas Raddall Room

No program January 4.

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PROGRAM LISTINGS

Kids & Preschoolers

Family Book Bingo

We are celebrating Family Literacy Day early this year! Pick up a bingo card at our Information Desk and explore the Library with your family while playing bingo. Find amazing books, put on a puppet show in our children's area, or visit our craft table to make your own bookworm bookmark. Family literacy is the first step to a life-long love of learning and reading for your child. All ages.

Saturday, January 19

10:30 AM - 11:30 AM

Puppet Show: The Monster Who Loves Books

Fergus is a little blue monster who loves books. He loves the way books look, he loves the way books smell, he loves the way books taste. Join us at the Library to stop him before he eats up all your favourite picture books. All ages.

Saturday, January 26

10:30 AM - 11:00 AM

Puppet Show: The Monster Who Loves Books

Fergus is a little blue monster who loves books. He loves the way books look, he loves the way books smell, he loves the way books taste. Join us at the Library to stop him before he eats up all your favourite picture books. All ages.

Wednesday, January 30

10:30 AM - 11:00 AM

Family Drop-in

Join us for stories, songs, and crafts. Each week we will explore a different theme.

Ages 0-5.

Mondays

10:30 AM - 11:30 AM

No program January 8.

Storytime

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading. Ages 3-5.

Tuesdays

10:30 AM - 11:00 AM

No program January 1.

Registration is required. To register, call us at (902) 490-6410.

Parent & Baby Yoga

Parents and babies are welcome to join us for a therapeutic yoga class that is designed to build postpartum strength and relieve tension from feeding and/or carrying your baby. The class will wrap up with a short infant massage session. This class is accessible to all levels and no previous yoga experience is required. Please bring your own mat and a small blanket for your baby. Ages 2-12 months.

Wednesdays

11:30 AM - 12:15 PM

No program January 2.

Registration is required. Registration starts January 2. To register, call us at (902) 490-6410.

Tales for Tots

Engage your toddler's imagination and develop early literacy skills. A caregiver must be present during the program. Ages 19-35 months.

Thursdays

10:30 AM - 11:00 AM

No program January 3.

Baby's First Books

Treat your little one to the experience of books, the rhythm of music, and the fun of group play. Ages 0-18 months. Caregiver must be present.

Fridays

10:15 AM - 10:45 AM

No program January 4.

Registration is required. To register, call us at (902) 490-6410.

Baby's First Books

Treat your little one to the experience of books, the rhythm of music, and the fun of group play. Caregivers must be present during the program. Ages 0-18 months. Tickets will be given out 30 minutes before start time.

Fridays

11:15 AM - 11:45 AM

No program January 4.

Family Drop-in

Join us for stories, songs, and crafts. Each week we will explore a different theme.

Ages 0-5.

Saturdays

10:30 AM - 11:00 AM

No program January 5.

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PROGRAM LISTINGS

Teens

Anime Club

Join us to talk about your favourite anime, manga, and fandoms on the first Thursday night of each month. We start each meeting with an anime-themed game, activity, or project before watching a Funimation episode while eating snacks.

Thursday, January 3

6:30 PM - 8:00 PM

LGBTQ2S+ Youth Drop In

LGBTQ2S+ youth and friends, drop in on the 4th Monday of every month, make connections, and have fun. Ages 18 and under. This is a Library-led drop in replacing our Connect the Dots programming for LGBTQ2S+ youth and their allies.

Monday, January 28

6:00 PM - 8:00 PM

YMCA Homework Club for Newcomer Youth

Are you a teen who is new to Canada? Join us for a safe and friendly environment, where you can get help with your homework, practice your conversational English, and make new friends. Ages 12-18. In partnership with the YMCA.

Tuesdays

3:30 PM - 5:30 PM

No program January 2.

The Thursday Hangout: Self-Care Month

Now that winter is here, there's nothing more relaxing than a nice hot bath. Learn how to make your own bath bombs with natural ingredients, and treat yourself to a fizzy, colourful bath at home. Ages 12-18

Thursdays

3:30 PM - 4:30 PM

No program January 31.