

January
2019

Alderney Gate

PROGRAM LISTINGS

Adult

Descriptive Movie Matinee: Only the Brave

Rated PG | 2017 | 2h 14-min

Only the Brave is based on the true story of the Granite Mountain Hotshots. This heroic story of a team of local firefighters who - through hope, determination and sacrifice - become one of the most elite firefighting teams in the nation. Starring Josh Brolin, Miles Teller, Taylor Kitsch, Jeff Bridges, James Badge Dale, and Jennifer Connelly. These monthly screenings are audio-descriptive for those who are blind or partially sighted, although all are welcome. In partnership with Alliance for Equality of Blind Canadians.

Monday, January 7
2:00 PM - 4:15 PM

Art Nook: Rock Painting

Drop in for an afternoon of crafting and socializing with Library staff and friends. This month we will be painting rocks.

Saturday, January 12
2:30 PM - 4:00 PM

Evergreen Writers Group

Always welcoming new participants, this group meets on the third Wednesday of the month at the Library for discussion, feedback, guest speakers, and workshops for aspiring writers. This group also meets on the first Wednesday of the month at the Evergreen House.

Wednesday, January 16
10:15 AM - 12:15 PM

Giant Games

Join us as we play giant versions of your favourite board games.

Wednesday, January 16
2:30 PM - 4:00 PM

Cookbook Book Club

Do you enjoy reading and cooking? Come out and socialize with us during our monthly Cookbook Book Club. Learn about local and cultural cuisine.

Tuesday, January 22
7:00 PM - 8:30 PM

Be Good to Your Gut

Did you know that good health starts in your gut? A healthy gut is at the core of overall wellness. Learn how your digestive system works, the role of gut bacteria, and how to feed your gut for good health. In partnership with the Dartmouth Community Health Team.

Thursday, January 24
2:00 PM - 4:00 PM

Registration is required. To register, call the Dartmouth Community Health Team at (902) 460-4555.

Community Tea

Join Library staff, friends, and your community for a steaming cup of tea. Bring your crafty creations and spend the morning enjoying our beautiful rejuvenated foyer.

Friday, January 25
10:00 AM - 11:30 AM

Saturday Acoustic Jam

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music.

Saturday, January 26
2:00 PM - 4:00 PM

The Peril & Promise of Artificial Intelligence

Each week, join a discussion of a TED Talk on the strengths and weakness of Artificial Intelligence (AI). We will listen to talks from well-known investigators such as Sam Harris, Ray Kurzweil, and Nick Bostrom and think critically about them during the discussion portion. This seminar will be led by Dr. Andrew Kernohan.

Mondays
1:30 PM - 2:30 PM

Families Matter in Mental Health: Education & Support Program

Do you have someone close to you with a mental health problem or illness? Join our 11-week program for education, support, and coping strategies for family and friends. Presented in partnership with Nova Scotia Health Authority, Mental Health Foundation of Nova Scotia, Healthy Minds Cooperative, and Schizophrenia Society of Nova Scotia.

Thursdays
6:00 PM - 8:00 PM

No program January 3.
Registration is required. To register, call Healthy Minds Cooperative at (902) 404-3504 or email hmnavigator@eastlink.ca

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All Ages

Super Saturdays: Keva Planks & Marble Mazes

Be creative keva planks or try your hand at our marble maze. Or mix it up and try to put them together. Engineering fun for everyone. Super Saturdays is all about hands-on activities or experiences that will be fun for both kids and grown-ups alike. It is your day to play games, unleash your inner artist, and experiment with technology. All ages

**Saturday, January 5
10:00 AM - 2:00 PM**

Super Saturdays: Paper Snowflakes

Try your hand at paper snowflakes - no 2 are exactly the same! Super Saturdays is all about hands-on activities or experiences that will be fun for both kids and grown-ups alike. It is your day to play games, unleash your inner artist, and experiment with technology. All ages,

**Saturday, January 12
10:00 AM - 2:00 PM**

Puppet Show: One Winter's Day

Being kind to others brings its own rewards. Hedgehog helps everyone, and they return the favour. Based on the book by M. Christina Butler. All ages. Tickets will be given out 30 minutes before start time.

**Wednesday, January 16
10:00 AM - 10:30 AM**

Group registration is required. To register, call us at (902) 490-5748.

Super Saturdays: No-mess Painting

No kidding, there's no mess! Super Saturdays is all about hands-on activities or experiences that will be fun for both kids and grown-ups alike. It is your day to play games, unleash your inner artist, and experiment with technology. All ages.

**Saturday, January 19
10:00 AM - 2:00 PM**

Puppet Show: One Winter's Day

Being kind to others brings its own rewards. Hedgehog helps everyone, and they return the favour. Based on the book by M. Christina Butler. All ages. Tickets will be given out 30 minutes before start time.

**Saturday, January 19
10:30 AM - 11:00 AM**

Registration is required.

Super Saturdays: Button-making

Design your own 1.25" buttons, or try some of our pre-cut designs. Super Saturdays is all about hands-on activities or experiences that will be fun for both kids and grown-ups alike. It is your day to play games, unleash your inner artist, and experiment with technology. All ages.

**Saturday, January 26
10:00 AM - 2:00 PM**

Chess at the Library

Learn to play against others, take on new challenges, and develop your own strategies, guided by local experts. Open to chess players of all ages. Ages 5+. In partnership with Dartmouth Junior Chess Club.

**Saturdays
1:00 PM - 4:00 PM**

Kids & Preschoolers

Tuesdays for Toddlers

Dress for a mess and join in the fun. Share some stories then get some hands-on fun with art and science activities. Caregivers must be present; siblings of any age are welcome; and old clothes are recommended. Ages 1-3.

Tuesdays

10:30 AM - 11:45 AM

No program January 1.

Shake, Rattle & Read

This entertaining, high-energy program for young children and their caregivers will focus on the importance of oral storytelling, rhymes, and music in the development of pre-reading skills. All ages. Tickets will be given out 30 minutes before start time.

Wednesdays

9:45 AM - 10:15 AM

No program January 2.

Group registration is required. To register, call us at (902) 490-5748.

Shake, Rattle & Read

This entertaining, high-energy program for young children and their caregivers will focus on the importance of oral storytelling, rhymes, and music in the development of pre-reading skills. All ages. Tickets will be given out 30 minutes before start time.

Wednesdays

10:30 AM - 11:00 AM

No program January 2.

Group registration is required. To register, call us at (902) 490-5748.

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Storytime: Winter Session

Stories, songs, finger plays, and rhymes help children experience independent group activity, gain pre-reading skills, and develop a love of reading. Children attend independently, although adult caregivers are requested to remain in the Library.

Ages 3-5.

Thursdays

10:00 AM - 10:45 AM

No program January 3.

Registration is required. To register, call us at (902) 490-5748.

Baby's First Books

Treat your little one to the experience of books, the rhythm of music, and the fun of group play. Caregiver must be present.

Ages 0-18 months.

Fridays

10:30 AM - 11:15 AM

No program January 4.

Registration is required. To register, call us at (902) 490-5748. Registration is open throughout the session.

Teens

Teen Gamers

Step into your own gaming room. Play your favourite games on the big screen and enjoy our tasty snacks.

Thursdays

4:00 PM - 6:00 PM

No program January 3.