

Before being elected to Edmonton's City Council in 2007, Ben Henderson was very active in cultural and community-building in Edmonton. Henderson brings a Master's degree in Fine Arts, years of experience as a theatre director, as well as involvement with the Professional Arts Coalition of Edmonton and the Edmonton Arts Council (as vice-president). A member of the Old Strathcona Foundation, he was also a Vice-President of the Edmonton Federation of Community Leagues (EFCL) for several years. He has worked in mediation and negotiation.

Since being elected to Edmonton City Council in 2007, some of the many committees and initiatives Henderson has been involved in are:

- Inter City Forum on Social Policy- provincial chair
- Task Force on Contaminated Gas Stations – chair
- Utilities Committee – current chair
- Joint Committee on Stakeholder Involvement in the Planning Process
- Winter City Strategies Initiative
- Capital Region Waste Management Advisory Committee and others.

He has been a board member of the Federation of Canadian Municipalities since 2008.

As a City Councillor, he represents Ward 8, which includes much of the mature south-central and east side of Edmonton.