

# Polar Bears

## Polar Bear Dance

Polar bear, polar bear  
turn around,  
Polar bear, polar bear,  
touch the ground!  
Polar bear, polar bear,  
growl really loud,  
Polar bear, polar bear,  
sit on the ground!

## Did You Ever See a Polar Bear?

tune of, "Did You Ever See a Lassie?"

Did you ever see a polar bear, a  
polar bear, a polar bear?  
Did you ever see a polar bear  
sliding on ice?  
He slips and he slides,  
He twirls and he glides!  
Did you ever see a polar bear  
sliding on ice?

## Polar Bear Snack

cbc.ca

### What You Need

- bowl
- yogurt
- bananas
- blueberries
- spoon



Polar bears touch noses to ask to share food!  
[polarbearsinternational.org](http://polarbearsinternational.org)

### Directions

1. Pour yogurt in a small bowl.
2. Cut three thin slices off your banana and place them in the bowl of yogurt.
3. Place your blueberries in the bowl of yogurt.
4. Enjoy!

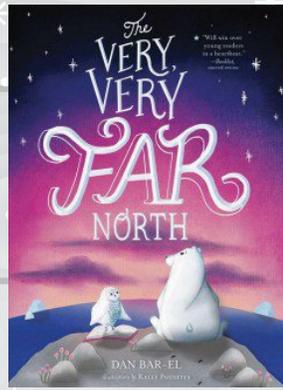
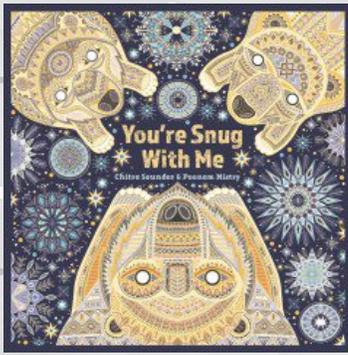
Polar bears are the largest land-dwelling carnivores!  
[popularmechanics.com](http://popularmechanics.com)



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## Try these beary fun reads!

### Polar Bear Blubber

[littlebinsforlittlehands.com](http://littlebinsforlittlehands.com)

This experiment explores the concept of blubber and asks a very important question: How does blubber keep polar bears warm?

#### Directions

1. Fill a large bowl with ice and cold water. Add food coloring for extra fun!
2. Turn a ziplock bag inside out, place the bag on your hand, and use a spatula to cover both sides of the bag in vegetable shortening.
3. Place the shortening coated bag inside another bag and seal. You can use tape to make it easier!
4. Turn a clean bag inside out, place it inside another clean bag and seal.
5. Place one hand in each bag and place your hands in the ice water.

The classic white bears are not really white. Polar bears actually have black skin and hollow, colorless hair!

[arctickingdom.com](http://arctickingdom.com)

#### Supplies

- large bowl
- ice
- cold water
- 4 ziplock sandwich bags
- thermometer (Optional)
- vegetable shortening
- spatula
- towel
- tape (Optional)
- food coloring (Optional)



Which hand gets cold faster? Observe how your hands feel and then use a thermometer to check the actual temperature inside each bag.

