**This Is the Way**

This is the way we wash our hands,
Wash our hands, wash our hands.
This is the way we wash our hands
When we're in the bathtub.
(Arms, Legs, Tummies, Heads)

**Five Pigs Squeaky Clean**

Five pigs so squeaky clean
Cleanest you've ever seen
Wanted to go outside and play
Oink! Oink!
One jumped into the mud
Landed with a big THUD
Then there were four clean squeaky pigs.

**Spaghetti**

Spaghetti on my tummy,
Spaghetti on my nose,
Spaghetti on my elbows,
Spaghetti on my toes.

Wipe it off my elbows,
Wipe it off my toes,
Oops! Here comes mommy!
I forgot my nose!

**Make a Mud Cake**

Make a mud cake in the mud mud mud
(pat hands together)

Digging, scooping, patting it's just so fun!
(pretend to dig)

Make a mud cake on your head head head
(pat hands together)

Digging, scooping, patting it's just so fun!
(pretend to dig)

Make a mud cake on your knees knees knees
(pat hands together)

Digging, scooping, patting it's just so fun!
(pretend to dig)

**Sticky Bubblegum**

Sticky, sticky, bubblegum, bubblegum, bubblegum
Sticky, sticky, bubblegum, sticking your hands to your head
Ready…UNSTICK!
Mud Paint
Mix together some dirt, water, dish soap and get to painting! **Do not use potting mix**

Finger Painting
Set down some paper and let your kiddos get inspired! Talk to the kids about how the paint feels, ask them questions.
- Is the paint cold?
- Does it feel squishy in between your fingers?
- What happens when you mix two colors?

Shaving Foam Letter Fun
Cover a table with an inexpensive tablecloth. Spread shaving foam all over the table. Have your child draw, write letters or shapes in the shaving cream.

Clean Up Sensory Bucket
Take one large bin and place a smaller bin inside. Fill the smaller bin with tear-free soap. The other half of the large bin, fill with mud. Hide, burry, drive dinosaurs, card/trucks, or any toys inside the bins. Give your kids cleaning supplies; scrubby brush, sponge, wash cloth, etc. Step back and let them clean. **Play is the important part – not the activity.**