Tell Your Story

**Songs**

**Head, Shoulders, Knees, and Toes**
Head, shoulders, knees, and toes!
Head, shoulders, knees, and toes!
Head, shoulders, knees, and toes!
Eyes, and ears, and mouth, and nose!
Head, shoulders, knees, and toes!

**My Name-o!**
There was a girl that I once knew, Ciana was her name-o!
Ciana was her name-o!

**Hello Family**
Each finger represents a different family member
(1st hand) Where is Grandma, where is Grandma?
(2nd hand) Here I am! Here I am!
(1st hand) How are you today, ma'am?
(2nd hand) Very well! I thank you!
(1st hand) Say goodbye!
(2nd hand) Say goodbye!

**Activities**

**Self-Portrait**
Use different kinds of materials to create a portrait of yourself. You can use a variety of things like leaves, buttons, and torn paper to make your image.

**Scrapbook**
Use the attached instructions to make your own scrapbook! Use pictures, words, stickers, art supplies and more to tell your own story!

**Chalk Art**
Go outside and explore the shape of you with shadows and chalk! Try different poses in the sun and trace your shadow. You can make up your own story to go with each shadow shape. You can also do this activity inside by using a flashlight and large sheets of paper.

https://rhythmosfplay.com/shadow-art-outdoor-science/

**tacoma public library**
Start here. Go anywhere.
(253) 292-2001
www.tacomalibrary.org
Scrapbook

Supplies
- Cardstock/cardboard
- hole puncher
- scissors
- glue
- yarn
- copy paper/construction paper
- stickers
- pictures
- crayons
- markers
- colored pencils
- writing tools

1. Cut two pieces of cardboard/cardstock to make the front and back of your scrapbook.

2. Measure and cut construction paper/copy paper for your scrapbook.

3. Line up your cardboard/cardstock and copy paper/construction paper and hole punch.

4. Put your construction paper/copy paper between the front and back of your scrapbook and use yarn to tie it all together.

5. Add pictures, drawings, words, and stickers, etc. to fill in the pages of your scrapbook.
My Bio Poem

This is an autobiographical poem about yourself and your life. Finish the sentence stems in ways that describe you and your feelings.

Your name
Child of…
Who loves…
Who hates…
Who wants to go to…
Who wishes he/she could’ve met…
Who is scared of…
Who dreams of…
Who is determined to…
Who values…
Who is proud of…
Who graduated from…
Who lives…
Your name again

Example:

Mariama Malaika Sesay-St. Paul
Child of Chernoh and Aleta Sesay
Who enjoys reading, teaching, and talking on the phone
Who hates negative attitudes, brussel sprouts, and liver
Who wants to go back and visit Sierra Leone, West Africa again
Who wishes she could’ve met both of her grandfathers
Who is scared of attending funerals for loved ones
Who dreams of winning the lottery and spending the rest of her life traveling with Carl
Who is determined to make a difference in the lives of as many children as possible
Who values close relationships with her family, friends, and students
Who is proud of her family, her heritage, and her accomplishments
Who graduated from Florida A&M University and Rutgers-Newark University
Who lives in New Jersey but truly misses Chicago
Mariama Malaika Sesay-St. Paul
Draw your family portrait.
My Story

I R I O H F A T H E R D R U
R Y L I M A F N S H Y H G
E N U S R E A D I R F N R T
H R T N E F H M D Y T E P A
T D G R M R G R A N D P A M
O A E T O D L N H S I N G D
R D A D H N P R C I T T F N
B E N R T E S F O N T N E A
F N E L I I I I I S I S I T E R R
N I H D F R M S T O R Y Y R G
I S N O K F F D A N C E E E E
I U E T L O O G M O T H E R
R O I R A F N A F R R R T I
G C R H T P A C N T H C S T

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